

THE SAFEKEEPERS

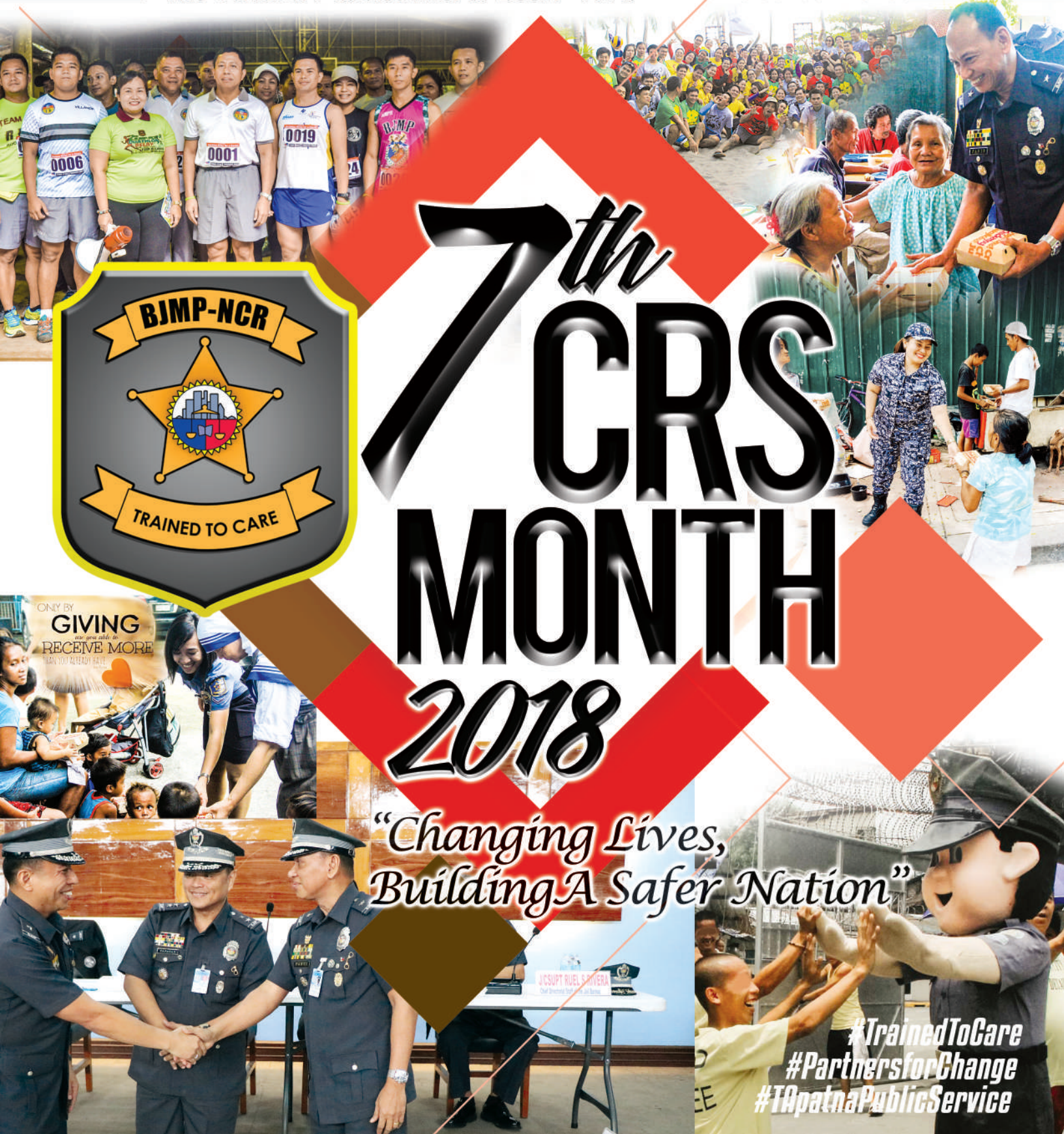
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7th CRS MONTH 2018

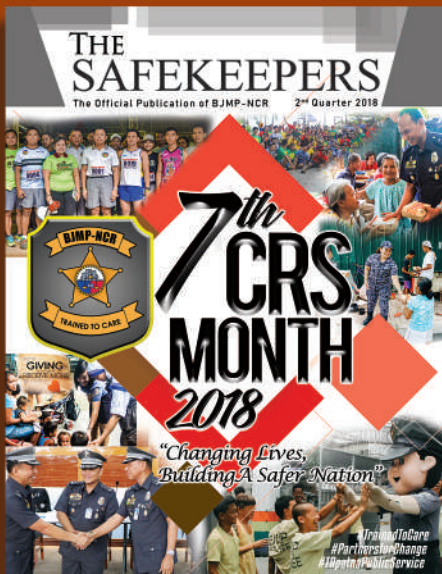
*"Changing Lives,
Building A Safer Nation"*



#TrainedToCare
#PartnersforChange
#TApatnaPublicService

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ABOUT THE COVER

In this quarter's newsletter, The Safekeepers highlights the importance of the bureau's relationship to the community. Building and establishing a good rapport with the stakeholders only justifies that we truly care in giving genuine public service. Hence, the celebration of the 7th CRS Month 2018 in the month of June.

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From the Editor THE SAFEKEEPERS



In the aim to achieve the Jail Bureau's mandate to providing humane safekeeping and development to persons deprived of liberty (PDL) under its control and supervision, the BJMP launched its mantra "Changing Lives, Building a Safer Nation" which is also the theme in the celebration of 7th CRS Month this June. The celebration aims to raise awareness to the general public as regards the role of the Bureau as an agency of the government. A person who is either accused of a crime or convicted of the crime he is charged usually receives the negative impression in the society. They are viewed as useless individuals and are a threat in the community should they be released. This perception towards the PDL under our care is among the reasons of the Bureau's mantra. Jail officers as well as the Bureau's programs have now evolved from a mere custodian of PDL and policies ensuring that no one escapes towards a holistic personality developmental approach. To change a person is a big challenge to every personnel. Why? Aside from the fact that monitoring of the PDL's development is limited since our mandate ends upon their release, many school of thought in the study of human behaviour believed that a person changes when he is self motivated. Hence, we must not only focus on program that educates or skills training but also on programs that are geared toward changing one's perspective, ideals, and behaviour. Through this, our mantra is realized and when it is done, indeed a safer nation can be achieved maybe not at present but in the coming years of the Jail Bureau.



ARDA's Corner

JSSUPT MILET G BATAc, DSC

The Bureau's mantra is a promising intergenerational commitment. It is a distinct reminder to the organic members of this organization to ponder at what we could contribute to the nation. Gone are the days of inappropriateness where the aggrieved are neglected. With the President Duterte's shaking effect in the executive department, government agencies, and other offices that the villain of bureaucratic corruption should be dealt with accordingly, it is but timely for us to nurture the morality of good governance and efficiency as acculturated imagery of the beloved Bureau.

Little things makes difference. The calling is a ripple effect of simple but profound deeds that would benefit Persons Deprived of Liberty (PDL) under our custody. Thus, as public servants let us walk the principle of accountability. Live with patriotism, serve with utmost responsibility, integrity, loyalty, efficiency, and most of all act with justice. Work in your respective unit or office assignment with utmost commitment and dedication. Remember serving the least of our brethren, the PDL, is one of the most privileged vocation. Treating them fairly, upholding their worth as an individual, and the recognition of their human rights, are among our obligations as safekeepers. As a Christian steward, it is my firm belief that the manifestation of these goodness will motivate the PDL to change and aspire for a better life. A noble contribution that will help vanish the criminality instincts of each jail resident, not by cruelty but by exemplarity of a true professional jail servant. Every paradigm mind-shifted individual inside the jail-cell multiplies beyond the imagination of men, an evasive change extending outside its family members, community and the nation as whole. Remember we form as a significant part in building this nation as well as its downfall if we fail to do our task.

Serving the jail is serving God. Psalm 69:33 says, "For the Lord hears the need and does not despise his own people who are prisoners. Who are we not to do right and outstanding services to them?"



BJMP-NCR Kaisa sa Brigada Eskwela 2018

The spirit of Bayanihan is alive as JCSUPT DENNIS U ROCAMORA, Regional Director of BJMP-NCR, with other jail officers, joined with education stakeholders, in volunteering for annual school maintenance activity called, "Brigada Eskwela" on May 28, 2018 at Ramon Magsaysay Cubao High School with a theme, Pagkakaisa para sa Handa, Ligtas, at Matatag na Paaralan tungo sa magandang kinabukasan. This community involvement readies the school facilities to be ecologically conscious, resilient, clean, and conducive for learning for school opening. Working together to uplift the morale of the students, the project bridge the gaps in the funding of much needed school maintenance as cost are borned by the volunteers, such as cleaning and painting materials and landscape plants. Also, other NCR Jails joined the said activity in their respective AORs. The activity aims to establish good camaraderie within the community through the spirit of Bayanihan and longtime tradition of volunteerism among people in the community and our jail officers today.





SAFEKEEPERS' DAY OUT

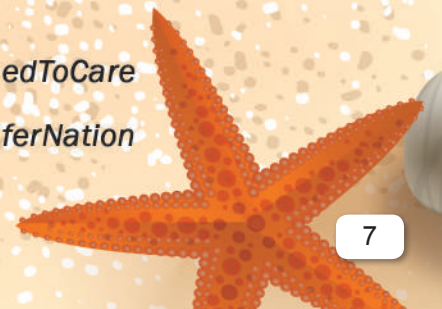
The BJMP-NCR Regional Office personnel held a two-day Personnel Enhancement and Development activity at Bakasyunan Resort, Iba, Zambales on May 10-11, 2018. Regional Director CSUPT DENNIS U ROCAMORA together with the Command Group headed the activity which was participated by 96 personnel. Its objective is to enhance teamwork at the workplace by developing human relationship among colleagues outside the four corners of their offices in a stress-free environment.

The success of most organizations depends on the ability of individuals to build effective teams. The main goals of team-building are to improve productivity and motivation.





#TrainedToCare
#ChangingLivesBuildingASaferNation



NCR Jails celebrate *Mother's Day*



"The loveliest masterpiece of the heart of God is the heart of a mother."

Mother Theresa

Mother, a six letter word full of hundred other meanings. A term that can bring hundred perceptions and thousand quotes. A "simple term" that has the weight to put impact to people that can bring back a million memories and learnings. Some teleseryes, "Hanggang Saan" being an example, showcases many characteristics of a mother. How they can sacrifice themselves for the well-being of their children. In the same way with each and every mother in jail may they be officers or those in bars, they will give what they have to their children even if nothing is left for them.

In celebrating Mother's Day, we do not just acknowledge motherhood, but we also show our deepest gratitude to the mothers of families. Also, having this celebration showcases the positive influence of mothers in the society.

Conforming to this, "Dakilang Ina" was initiated by the Quezon City Jail - Female Dorm as an annual celebration and is now on its 2nd year. The goal of this event is to influence and enlighten every mother, that "REHAS NA BAKAL" is not a hinder for an individual to be a good mother. Despite of the differences the society may bring, this will not be a wall that closes them from showing their love and care to their families.

In a nutshell, Dakilang Ina was created not only to give chances for mothers to show their love, but also it gives way for families to unite. With its meaningful goal and with the combined action of the Inmates and Welfare Development (IWD) and the mother of QCJ-FD, this event has been successful, and will continue for years, giving ways for mothers to strengthen their families united through love. *SJO1 Mona Liza Marzan*





*"I miss you Tatay,
lalaya din po kayo"*

Father's Day is a celebration honoring fathers and celebrating fatherhood, paternal bonds, and the influence of fathers in society. How important is a father's role in today's society? The role of father is beyond bread and butter. He is responsible for nurturing and disciplining his children to prepare them in becoming responsible individuals in the future. He also acts as a role model for his kids, and the way he treats the children's mother gives impact to the young ones later in life.

Indeed, God had chosen the right father to their children. He could have placed them in anyone else's care, but He chose the right person for the job.

JCINSP GLENNFORD Q VALDEPEÑAS together with the personnel of Marikina City Jail-Male Dormitory, had initiated an activity with the theme "I miss you Tatay" last June 23, 2018. The children were asked to draw or write a letter for their fathers and were presented to them as a surprise. JO1 Maria Shiela C Abanto





Bureau of Jail Management and Penology
NATIONAL CAPITAL REGION
7th June 2018
Community Relations Service
Month

READY

SET

GO GREEN



CLEAN-UP DRIVE

Jail Officers are committed Eco-Warriors and Safekeepers of Mother Earth too.





Read-a-Book and Feeding Program

Hundreds of children have benefitted and enjoyed the Read-a-Book and Feeding Program rendered by our ever-dynamic jail officers.





Tree Planting

"The creation of a thousand forests is in one acorn."
 ☒ Ralph Waldo Emerson



In culmination of the 7th BJMP CRS Month 2018, the BJMP-NCR conducts an Art Activity to the Children of Manila CJ's residents.





Ms. BJMP NCR 2018

San Juan beauty JO1 Mariel Lucban is Ms. BJMP-NCR 2018.

A Criminologist assigned at San Juan City Jail was crowned Ms. BJMP-NCR last April 27, edging out 12 rivals from different jails all over National Capital Region.

JO1 Lucban also won special awards, such as: Best in General Office Attire (GOA) and Best in Evening Gown. Apart from this, she will represent the region to the prestigious Ms. BJMP 2018 on July 4– a National beauty pageant.

The grand finals and coronation night was held at the Quezon City SportClub.





A total of 39 teams participated in the 2nd BJMP-NCR Duathlon Relay for a Cause this June 23, 2018 at Sitio Wawa, Brgy. San Rafael, Rodriguez, Rizal.

The beneficiaries of the event are the sick streetchildren of Home of Joy for Streetchildren of Tayuman, Manila. Also, part of the proceeds will be used in the feeding of streetchildren around Quezon City under the BJMP NCR's Feeding on Wheels Project.





WINNERS

MALE CATEGORY

Champion - Manila City Jail
1st Runner up - Manila City Jail Annex
2nd Runner up - MMDJ Main

FEMALE CATEGORY

Champion - Chinita Warriors (Civilian entry)
1st Runner up - Marikina City Jail
2nd Runner up - Pasay City Jail-FD.

SPECIAL AWARDS

MALE CATEGORY

Fastest 5 km Run
Fastest 10 km Bike
Fastest 10 km Run

J01 Robilson Limmano
J03 Ariel Baladad
J01 Stuart Pangawan

FEMALE CATEGORY

Fastest 5 km Run
Fastest 10 km Bike
Fastest 10 km Run

J01 Abegail Nuñez
Ms. Nora Abella
Ms. Zecel Victorio

Youngest Participant
Oldest Participant

Deniell Rocamora
SJ04 Orlando D Villareal





BJMP-NCR Donated Proceeds to a Charity

In accordance to the 7th BJMP CRS Month 2018, part of the proceeds, amounting to Php60,000, from the recently concluded 2nd BJMP-NCR's Duathlon Relay For A Cause has been donated to the Missionaries of Charity - Home of Joy for the Sick Children to support the needs of its residents. The facility presently caters 55 sick and special children and 27 homeless elderly. BJMP-NCR's Regional Director, JCSUPT IGNACIO S PANTI, personally handed the proceeds to the said charity home.





"No one has ever become poor by giving." — Anne Frank

Part of the proceeds from the recently concluded 2nd BJMP-NCR Duathlon Relay for a Cause has funded the BJMP-NCR Feeding On Wheels Initiative. This is in line with the culmination of the Celebration of the 7th BJMP CRS Month 2018. The caravan roams around Quezon City area on June 28, 2018, distributing packed lunch to 100 street children and homeless elderly.

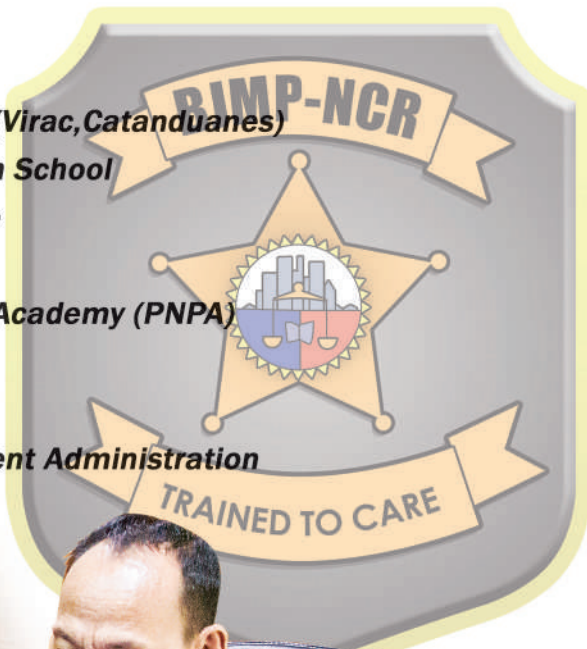


JCSUPT IGNACIO SARABIA PANTI

NCR's New Regional Director

On June 25, 2018, a turn over ceremony of NCR's Regional Director took place at the National Headquarters. J/CSUPT IGNACIO S PANTI assumed the post after having been relinquished by J/CSUPT DENNIS U ROCAMORA pursuant to a Department Order from the Department of the Interior and Local Government. To know a bit about the NCR's new ace, here are few of his background:

Nickname:	"Iggy"
Age:	53 years old
Blood Type:	B
Birthdate:	July 31, 1964
Birthplace:	Quezon City
Educational Attainment:	
Primary:	Gogon Elementary School (Virac, Catanduanes)
Secondary:	Catanduanes National High School
Tertiary:	Catanduanes State College
	BS Civil Engineering
	Philippine National Police Academy (PNPA)
	Class 1989
Graduate Studies:	Far Eastern University
	Master of Arts in Government Administration





The FIRST PROCUREMENT SUMMIT

"Strategic Procurement for Effective Jail Management"

BJMP-NCR, Conference Room. June 14, 2018



Strategic Procurement for Effective Jail Management

Eligible and qualified business partners attended the first ever BJMP NCR Procurement Summit last June 14, 2018 at BJMP-NCR Conference Room.

As an adherence to Government Procurement Act (RA 9184), the BJMP National Capital Region is raising the bar for procurement excellence as it opens its doors for worthwhile discussion on sourcing, procurement, and value creation.

An avenue for procurement opportunities, the meeting featured the Region's best practices and innovations, as well as companies logistics and procurement challenges.

Attendees, such as existing bidders and contractor will learn of the agency's banner programs, policies and government services provided for PDL.



Jewelry Art Workshop

Malabon City Jail Female and Male Dormitories have embarked on a new project which give tools to its PDL to be creative and provide the necessary skills.

This project was in collaboration with St. Gabriele's Workshop and National Commission for Culture and the Arts (NCAA), headed by its Workshop Director Fray Paolo Maria Diosdado Granados Casurao, with two of its experts namely: Philip Reyes and Josephine Soriano.

The facilitator of this Art Workshop is affiliated with the National Commission for Culture and the Arts, which makes this workshop more appealing.

The workshop was launched on the 18th of June 2018, attended by both Male and Female Wardens; JSUPT JUN MELCHOR O BOADILLA and CINSP MA IGNACIA C MONTERON together with Fr. Bartolome C Sagadal, with the 30 PDL selected for the Art Workshop, the selection was based on their willingness to undergo the said activity and their basic knowledge on the beads making.

The workshop aims to teach PDL trainees on how to craft Jewelry using special beads.





Last April 24-25, 2018, Jail Managers participated in the conduct of NCR-CRS initiated a seminar entitled, "Intensive Media Relations and Social Media Training" through which media management is elaborated and crisis management is emphasized by the resource speakers namely: Ms. Ellaine Fuentes, National Director for News Anchor, Eagle Broadcasting Corporation; and JSINSP XAVIER A SOLDA, Chief, CRS, National Headquarters.



ICTS Trainings Rolled Out

On the 2nd Quarter, two seminars were conducted by BJMP-NCR ICTS Office namely: Training on Basic IT Troubleshooting and Computer Networking with Introduction to Adobe Photoshop last April 18-20, 2018; and Training on Microsoft Office 2016 - An Advanced Approach last June 18-20, 2018.

Both 3-day seminars composed of workshop, hands-on activities and group discussions and were participated by 51 personnel assigned as Admin, Logistics, and Records, JNORs regionwide.



“THE BEST REWARD OF ONE’S SUCCESS IS EXPERIENCE”

I have been a Community Relations Service Officer for four years now but based on my self-assessment, I do not consider myself efficient in what I do not until I underwent schooling in Civil Military Operations School-Armed Forces of the Philippines. I had a chance to be one of the personnel to represent the organization when I enrolled in this school with Information Support Affairs as our field of specialization. Together with my two colleagues, JO1 Berna Grace Ledesma and JO1 Jeremiah Gabriel, we faced the toughness of the training and the demands of the physical strength for us to be able to cope up with our classmates who were members of the Philippine Army, Philippine Air Force and PNP-Special Action Force.

Our three-month training was indeed a blast. We have to exert extra effort to relate ourselves to the environment and the course. During those sleepless nights and struggling moments, I was holding onto my faith to do my best and not quit. Though I got sick and felt physically weak, I motivated myself to perform and be as effective as I can because I have to make the organization proud and for me not to miss any of the lectures.

I did not expect that I will be receiving the award as “Best Performing Enlisted Personnel” garnering high remarks, because I have seen the efforts of my other classmates who were also competent and capable. It was really an overwhelming experience that I was able to prove that the personnel from the Jail Bureau are as proficient as the other friendly forces or even one step more.

Undergoing cross-training is indeed an avenue of countless opportunities for self-improvement and career-growth. I learned a lot from it and I am hungry for more. As Harry Potter always remind us, “Working hard is important. But there is something that matters even more; Believing in yourself.” Have the courage to face challenges and chase your dreams. People will either make you or break you, they can be of your advantage or the opposite but at the end of the day, everything depends on how you bring it on!





Stay Healthy During Rainy Season

The rainy season may have its charms: the cool weather, the reason to wear jackets and the magnified pleasure of a cup of hot coffee or a bowl of hot soup.

But it has dangers as well, primarily in the form of diseases like dengue and in infectious bacteria and viruses that become active due to the high humidity brought about by repeated spells of rain.

Luckily, there are simple precautions we can take to stay in peak health condition during this tricky season. Here are some tips gleaned from IndiaParenting.com:

1. Wash your hands

Bacteria and viruses come alive during the monsoon and you can come into contact with them just by crossing the road or holding on to an infected railing or bench. Wash your hands as frequently as you can with soap and warm water.

2. Do not touch your face

The flu virus commonly enters our body through the eyes, nose and mouth. Resist the urge to scratch your eye or wipe your sweaty forehead. Bring a clean napkin or handkerchief instead.

3. Protect yourself from dirty water

Clogged gutters and dirty puddles are a common sight during rainy season. Unfortunately, they are sources of water-borne diseases like diarrhea, influenza, cholera and fungal skin infections.

Covering up is the best way to protect yourself from these diseases and still maintain your active life. Aside from a jacket, invest in a good pair of rain boots. In the Philippines, many commuters prefer wearing rubber slippers because, unlike most closed shoes, they dry fast and are easy to move around in.

But slippers leave your feet at the mercy of contaminated elements.

Rain boots are now available for a very cheap price and can be found in a range of styles and designs to suit anyone. They can be taken indoors and stored in lockers or in a bag underneath your office desk.

Rubber ones are light enough to carry in a backpack.

4. Avoid eating street food

While fish ball, kwek kwek and kikiam sold in the streets sound like a good idea any time of the year, the rainy season is when you should stay away from them. Food cooked and sold in the open air are likely to come in contact with airborne and waterborne diseases and bacteria. Better to eat fresh, home-cooked meals. Why not cook fish balls at home?

5. Keep mosquitoes out

The mosquito population grows during monsoon because stagnant water — their choice breeding ground — becomes more common. To keep mosquitoes out of your life, do some housecleaning. Look through flower pots, fountains, ditches, nooks and crannies that may be holding stagnant water. Clean them out and cover them until the end of the season. Slather mosquito repellent over your body, especially when you go outdoors.

6. Drink herbal tea

Herbal tea has curative properties for coughs, colds and sore throat — common ailments during the rainy season. To make it extra good for your body (not to mention pleasant and delicious), you can add body warming ingredients like cloves, ginger, pepper, basil and mint.

7. Make eucalyptus oil your best friend

The aroma of eucalyptus oil helps us breathe easily; this, in turn, relaxes the entire body. This substance can be your best friend during the rainy season when the nose gets clogged from flu and the body is maxed out from other diseases or even when dealing with just the extra strain of commuting in the rain. There are several ways to breathe in its healing and calming aroma. You can dilute it in water and use it to steam your face.

DID YOU KNOW?

The OIC, Operations Division is JSINSP JOEY B GENECEIRA

The OIC, HRD is JINSP PATRICK ANTHONY DEMEGILLO

The Chief, IWD is JCINSP MARIZEN S SESE

The Chief, ICTS is JCINSP BRENDA M PAGLALUNAN

The Warden of Caloocan City Jail is JSUPT SEVERINO G KHITA

The Warden of MMDJ Main is JSUPT FERMIN RP ENRIQUEZ

The Warden of Valenzuela City Jail is JSUPT RAMIL S VESTRA

The Warden of Makati City Jail is JSUPT EMMANUEL BANG-ASAN

The Warden of Pasay City Jail is JSUPT BERNIE D RUIZ

The Warden of Makati City Jail-FD is JCINSP ROSIELYN R CARTA

The Warden of Mandaluyong City Jail - FD is JCINSP MILCAH T ENCARNACION

The Warden of Marikina City Jail is JCINSP GLENNFORD Q VALDEPEÑAS

The Warden of Pateros Municipal Jail is JCINSP MARISSA P PROVIDO

The Warden of MMDJ Annex 4 is JCINSP JOJIE JONATHAN T PANGAN

The OIC of MMDJ Annex 5 is JCINSP LLOYD P GONZAGA

The OIC of Rodriguez Municipal Jail - FD is JINSP LESLIE C INDIANA



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bjmp national capital region